



## Brain Fitness: A Recipe for Feeding Your Child's Dreams and Unlocking Their Maximum Brain Power (Paperback)

By Simon Evans

Morgan James Publishing, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Poor physical health, increased intellectual demands, and a rapidly changing economy all threaten our children's future. Some experts believe that today's youth could be the first generation with a shorter life span than their parents. Entire industries are created and dismantled in the time it takes to get a college education. The formulas of yesterday no longer apply. Brain Fitness will show you how to boost your children's chances for physical, intellectual and economic success. . Achieve Peak Physical and Mental Health. . Acquire Laser Focused Attention. . Master Creativity and Independent Thinking. . Maximize Self-Confidence and Self-Reliance. Brain Fitness is a must for kids from 1 to 100. I can tell you without hesitation that it will make a Big Time difference in your and your family's life. It will demand your attention and give you the daily, all important personal game plan for change. -Dr. Dean Miller Former N.A.S.A. Director of Physiological Research You need two things to achieve any goal, a strong desire and an action plan. Brain Fitness delivers both. Dr. Simon...



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