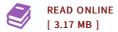


The Empowered Pain Patient: How Validated Pain Management Can Work for You

By Kim Kristiansen

EvidenceProfile. Paperback. Book Condition: New. Paperback. 164 pages. Dimensions: 9.0in. x 6.0in. x 0.4in.Empowered to Manage a Life With PainLiving with ongoing pain is much more than living with the pain. It is a daily challenge to sleep, mood, tiredness, and much more. A challenge to the quality of life. InThe Empowered Pain Patient primary care physician and pain researcher Kim Kristiansen, M. D. provides knowledge and strategies to individualized ongoing customized pain management, and enhanced shared decision making. Pain management based on individualized information about pain and quality of life. The pain is validated and acknowledged as is the pains influence on the persons life. Information and understanding of pain mechanisms relates to the individual experience. The person, active in pain management, works with the health care professional(s) to set treatment goals and to evaluate and adjust the effects of treatment. Pain is the most frequent presented symptom in healthcare, and more than 100 million people in both USA and Europe living with pain every day. Pain management must be based on shared understanding and shared decisions between the patient and the healthcare professionals together. -----An excellent book which will be useful to patients living with pain, also to...



Reviews

Great electronic book and useful one. It can be writter in straightforward terms rather than difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Definitely among the finest pdf I actually have at any time read through. It is one of the most amazing pdf i actually have study. I discovered this ebook from my i and dad recommended this pdf to find out. -- Turner Stiedemann

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