



Overcoming the Dragon of MS: A Memoir in Poetry of Multiple Sclerosis: From Diagnosis to Recovery to Rebirth (Paperback)

By Dr Kathleen a Guilfoyle

Artha Narratives, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Through the author s vulnerable sharing of her experiences, this book will help you to understand that MS - or any disease - does not define you. Her story, expressed beautifully in poetry, will inspire you to greater levels of acceptance, compassion and self-knowledge through your journey through the ordeals of MS. What is MS and how does it affect you? This neurological disease should be eliminated. The author calls attention to a serious health problem that affects 2.5 million people globally. Dr. Guilfoyle share five key factors for a better life and demonstrates how focusing on what matters can make a difference in your life. For the newly diagnosed the prospect of multiple sclerosis is overwhelming. After reading Overcoming the Dragon of MS you will see what a difference acceptance, action and attitude make in fighting this disease. In fact, 85 of those who actually have MS are more mildly affected with a relatively normal life. The book is written in three sections that guide you through the journey of the author s life. In Part I the author faces the..



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A top quality ebook and the typeface used was interesting to read through. It is rally intriguing throgh reading through period. You wont feel monotony at anytime of the time (that's what catalogues are for relating to when you ask me).

-- Estelle Donnelly