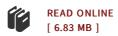


## Lifting Your Depression: How a Psychiatrist Discovered Chromium s Role in the Treatment of Depression (Paperback)

By Malcolm Noell McLeod

Basic Health Publications, United States, 2009. Paperback. Condition: New. 2nd ed.. Language: English . Brand New Book. Dr. MccLeod s discovery that chromium, an insulin-sensitizing trace mineral, was more effective and faster acting in some patients than even the strongest antidepressant drugs, was met with skeptisim when first announced. Dr. McLeod eventually derived and explanation for chromium s powerful therapeutic effect and the medical and scientific communites have begun to confirm his pioneering findings.





## Reviews

This ebook might be worth a read, and superior to other. It is probably the most remarkable book i have got read. Its been designed in an remarkably straightforward way and it is merely soon after i finished reading this publication where really modified me, alter the way i really believe.

-- Alex Zieme DDS

I actually started reading this article ebook. I have got read and so i am certain that i will going to study once more yet again in the future. I am just very happy to inform you that this is the finest publication we have read in my personal lifestyle and may be he finest ebook for ever.

-- Mrs. Clotilde Hansen II