



Diabetic Slow Cooker Cookbook: Over 225+ Low Carb Diabetic Recipes, Dump Dinners Recipes, Quick Easy Cooking Recipes, Antioxidants Phytochemicals, Soups Stews and Chilis, Slow Cooker Recipes (Paperback)

By Don Orwell

On Demand Publishing, LLC-Create Space, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How Can You Go Wrong With Superfoods-Only Diet? FACT: Way too many of us live in a state of poor health, lethargy and moderate obesity. We live with headaches, back pain, inflammation, arthritis, high blood pressure, high cholesterol, diabetes, skin problems, insomnia and cancer - they re all the byproducts of modern western diet, based on processed food. Superfoods are foods and the medicine and they can help with all these symptoms!! Diabetic Slow Cooker Cookbook- 3rd edition contains over 225 Superfoods Diabetics recipes for Diabetes Type 2, created with 100 Diabetic Superfoods ingredients. Most of the meals can be prepared in just 10-15 minutes. Each recipe combines Diabetic Superfoods ingredients that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Our Food Should Be Our Medicine And Our Medicine Should Be Our Food. - Hippocrates 460 - 370 BC The best thing about Superfoods Diabetic Lifestyle is that it will keep your appetite and cravings under control and it will balance your hormones. It s nearly impossible to lose fat if your hormones are out...



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Reviews

The ebook is straightforward in read easier to recognize. It is actually writer in basic phrases and not difficult to understand. You can expect to like just how the author compose this book.

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