



Therapeutic Massage and Bodywork for Autism Spectrum Disorders: A Guide for Parents and Caregivers (Paperback)

By Virginia S. Cowen

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. Massage techniques are widely and effectively used in treatment of autism spectrum disorders (ASDs) to address sensory issues, motor problems and touch receptivity. However, the variety of different styles of massage available often leaves parents baffled and unsure about which touch therapy treatment is best for their child. This practical guide explains how massage works, how the body senses touch, and how touch therapy can benefit children with ASDs. The book goes on to describe exactly what each type of massage entails and covers anatomy-oriented massages, energy-based massages and therapeutic bodywork, helping readers to tell Reiki from reflexology, a Swedish from a sports massage, or tuina from a Thai massage. With recommendations for selecting the right style of massage, advice on locating a practitioner, and tips on preparing a child with an ASD for massage, this book is the perfect resource to find a therapy - or combination of therapies - to suit the individual needs of each child. This book will be essential reading for all parents and caregivers interested in the benefits of therapeutic massage and bodywork for children and adolescents with ASDs,...



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-- **Morris Schultz**

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