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Play in Family Therapy

By Eliana Gil

The Guilford Press. Paperback. Condition: New. 226 pages. Dimensions: 8.9in. x 5.9in. x 0.8in. At a national conference, I presented a workshop entitled Do Children Hate Family Therapy. The attendance was good. Too good. Clearly, the title struck a chord, because children often seem to dislike family therapy. And who could fault them for it? The fact is that many family therapists either exclude young children or do not know how to involve them actively in family sessions. . . . This is where Dr. Gil's new book succeeds so wonderfully. By drawing on her extensive training and experience as both a child therapist and a family therapist, she shows us how to use all family members' capacities for expressive play simultaneously. Never before have we been treated to such a variety of family play techniques that are presented in such vivid clinical detail. . . . Her methods are captivating to read about and described with sufficient depth so that the reader can visualize their application in everyday clinical situations. --From the Foreword by Robert-Jay Green, Ph. D. In *Play in Family Therapy*, Dr. Eliana Gil provides a hands-on guide to a wealth of play therapy techniques for working with...



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