



Now: The Journey to Healing After Losing a Loved One (Paperback)

By Nkechi E Ilori

AUTHORHOUSE, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Death has the innate ability to snatch from us not only life, but peace, joy and our hope for the future ahead. This can leave us feeling boxed in, spent, and emotionally drained by the death of a loved one. Citing her own deeply personal losses of both parents in a space of barely three months, and then her unborn child, Nkechi explores the themes of life, death, love, pain, faith and total healing. We are taken through her personal journey of how she was able to move from pain to the freedom that comes with healing. Your emotions will likely run high as she vividly describes and outlines important life principles to help people avoid the trap of falling into destructive lifestyles and ways of thinking in the wake of loved ones passing on.: In the pages within this book Nkechi writes on: - How to achieve complete healing and peace - What to do in order to steer clear of depression - How to move on and live a fulfilling life - Tips to keep the memories of loved ones alive - Why...



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Reviews

This publication is wonderful. It normally is not going to expense too much. Its been printed in an extremely straightforward way in fact it is merely following i finished reading this publication where actually transformed me, modify the way i really believe.

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