



Stay-At-Home Handbook: Advice for Parenting, Finances, Career, Surviving Each Day Much More

By Cheryl Gochnauer

IVP Books. Paperback. Condition: New. 204 pages. Dimensions: 8.3in. x 5.5in. x 0.6in. Is your home number your work number too? If you are a stay-at-home parent, you know the workday never really ends. And every day brings both all-too-familiar challenges and unexpected joys. How do you keep it together--physically, mentally, emotionally and spiritually? Cheryl Gochnauer's previous book, *So You Want to Be a Stay-at-Home Mom*, helped parents consider what staying home requires and whether that choice was the best for them and their families. In this new guidebook Gochnauer tackles common--but often difficult--questions and challenges that beset stay-at-home parents: retaining an individual identity, feeling appreciated, viewing childrearing as a valid career choice, spending wisely, resisting guilt, evaluating work-at-home opportunities, handling sibling rivalry, volunteering at your child's school, succeeding as a stay-at-home dad, avoiding the TV, getting help with chores, setting a godly example, nurturing your spiritual growth. Forty-two brief chapters cover a variety of topics and can each be read in about ten minutes. Gochnauer also includes an appendix on networking opportunities for stay-at-home parents and a helpful listing of ministries and organizations that offer parenting resources, services and conferences (all accessible on the Internet). If you are a mom or dad at home part-time or full-time, you'll find immense encouragement--plus practical...



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Reviews

Simply no words and phrases to clarify. It really is full of knowledge and wisdom. You won't feel monotony at any moment of the time (that's what catalogs are for relating to when you question me).

-- Paolo Spinka

This book is definitely not effortless to start on looking at but really exciting to see. It really is simplistic but surprises from the 50% from the pdf. I am just effortlessly can get a delight of looking at a published book.

-- Thurman Schamberger