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AN APPROACH TO LIVING AND JOYFUL GROWTH



Austin Macauley Publishers, United Kingdom, 2016. Paperback. Book Condition: New. 198 x 129 mm. Language: N/A. Brand New Book. In An Approach to Living and Joyful Growth, Dr. Chee Hong Young presents an introductory foundation to the Buddhist lifestyle, as well as an inspiring guide for achieving happiness in all walks of life, whether it be in the workplace, or at home. With his personal exploration of Buddhism, his extensive academics and his many years of management in the petrochemical...

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- Authored by Young, Chee Hong
- Released at 2016



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