



## Freeze: 40 Summer Fruits and Vegetables to Freeze to Keep Them Fresh All Winter Long! (Paperback)

By Teresa Mallory

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Freeze: (FREE Bonus Included) 40 Summer Fruits And Vegetables To Freeze To Keep Them Fresh All Winter Long! It seems these days the methods used to preserve fruits and vegetables can be as varied as the fruits and veggies themselves. Whether you are drying, pickling, processing, preserving, or anything along those lines, you spend much of your fall getting ready for winter, and keeping those fruits and veggies fresh! But, you may not realize as you spend countless hours working to keep your fruits and veggies fresh that you are able to do this in a fast and easy way. a way that is so simple, it's a no wonder you didn't think of it before! Freezing is a great way to maintain the freshness of your veggies, and ensure they are delicious and still packed with the same nutrition when you break into them a few months down the road. I know there's a lot...



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