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Secrets: Diary of a Gutsy Teen

By Barbara Becker Holstein

Skyhorse Publishing. Hardback. Book Condition: new. BRAND NEW, Secrets: Diary of a Gutsy Teen, Barbara Becker Holstein, Following in the footsteps of The Truth, Secrets: Diary of a Gutsy Teen begins as the thirteen-year-old protagonist makes a move with her family to a new town. She has grown up a lot over the past year--and has made a list of everything that's important to her now that she doesn't want to forget when she gets older. But now, as she enters her early teen years, she begins to write down the secrets she wants to keep--and the ones she has no one to tell about. From new school experiences to a new baby in the family to a new crush, this new teen finally feels empowered on making her own decisions with confidence and keeping those secrets she holds dearest for herself. In a positive and supportive diary-entry format, Dr. Barbara Becker Holstein encourages tween and early teen girls to carry the most precious parts of themselves into adulthood. A great book for mothers and daughters to read together, Secrets is aimed to improve communication, understanding, and self-esteem for young girls as they enter the rocky road of teenager-dom.

Reviews

It is fantastic and great. It generally is not going to cost an excessive amount of. You will like the way the blogger create this book.

-- Gerardo Bauch PhD

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-- Vicky Adams

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SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother wined a little...



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Harper Perennial. PAPERBACK. Book Condition: New. 0061256781 Never Read-12+ year old Paperback book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!! *...



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Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.Save children's lives learn the discovery of God Can we discover God? What does science prove?Why we were never...



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Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Claude A Shepperson (illustrator). Illustrated. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's author and educator....



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Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's author and educator. She was born in...