



Health: Divine by Design (Paperback)

By Cathy Holder

Xulon Press, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. We live in an age that equals no other, offering us the best and most forms of medicine of all time; yet we have less health. We have the most variety of foods readily available, yet we suffer from poor nutrition, sickness, and disease. Through this five week study, you will discover how to make life choices that can turn your curses into blessings. Learn to run the race God has called you to, full of life and victory as you study God's heart through His Word. Hear God's call! Explore what it means to live holy. Did you know that God is interested in your health? This study will unveil the myths of whimsical nutrition and offer sound, healthful information as you journey toward the life you were created for. Cathy Holder is a former Special Education teacher turned Nutritional Consultant. As a result of her past health issues, Cathy's ministry is to strengthen God's Army through sound biblical principles in the area of Nutrition and Health. This Bible Study is a life-long compilation of her...



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