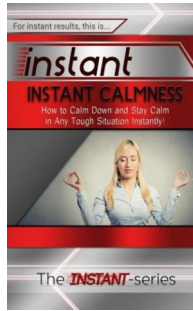


Instant Calmness: How to Calm Down and Stay Calm in Any Tough Situation Instantly!



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