

# Sane Enough: Recovery from a Mother's Sexual Abuse (Paperback)

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## SANE ENOUGH: RECOVERY FROM A MOTHER S SEXUAL ABUSE (PAPERBACK)



Crossvine Press, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A searing memoir of motherdaughter sexual abuse. WINNER, Foreword Reviews INDIEFAB Book of the Year Award Sane Enough is a challenging, insightful and rare work that offers poignant insights into what it s like to survive childhood sexual abuse. From award-winning freelance writer Linda Day comes a psychologically challenging memoir almost two decades in the making. Sane Enough is the unflinching account of one woman s struggle to grow into herself. Is she lesbian? Does she really want love? Why does sex always feel so wrong? Day s story involves a host of complicated figures: therapists whose inattention and impropriety bleed into abuse territory; sexual partners who are both frustrated and manipulative; and dark members of her family. Day draws from diaries and old letters to flesh out these characters, and punctuates her memories with psychological insights. Day s work is self-aware, her prose elegant and her familiarity with the nuances of the subject apparent. Some moments will sear their ways into the consciousness. The tactile nature of Day s scene setting makes such moments all the more devastating. Moreover, Day s willingness to give room to those who doubt her--who read her manuscript and accused her of invention--brings into relief the fraught nature of abuse revelations. This is a hard and honest book to work through, but its pages constitute a valuable entry into more open discussions of childhood sexual abuse. [and] the naked nature of her recollections may inspire others toward similar acts of bravery. Foreword Reviews, 5 stars OTHER REVIEWS: Linda Day tells her story with candor and pulls no punches. Sane Enough is a testament. a memoir that should be required reading. -Linda Sexton, author of Searching for Mercy...

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