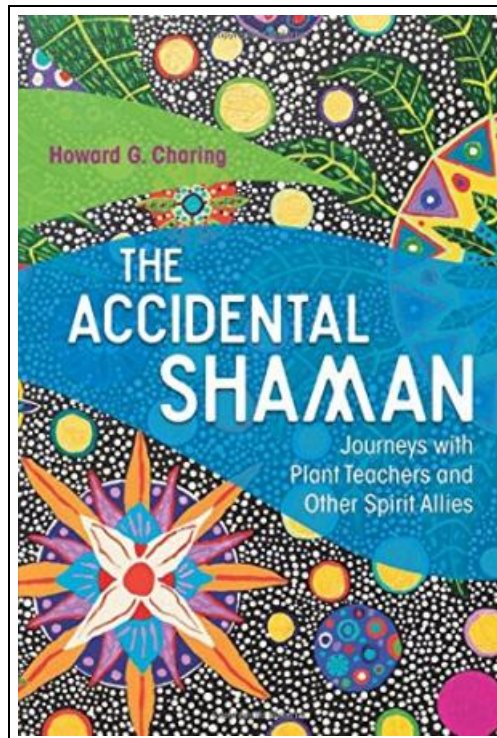


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Reviews

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(Era Thompson)*

THE ACCIDENTAL SHAMAN: JOURNEYS WITH PLANT TEACHERS AND OTHER SPIRIT ALLIES (PAPERBACK)

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Inner Traditions Bear and Company, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. After surviving a serious elevator crash in London, Howard G. Charing found he had developed healing touch as well as the ability to hear voices and experience visions--just as a healer in Italy had predicted only a week before the accident. He began using his abilities to heal but felt he needed more guidance and training. He first connected with a national spiritual healing organization, only to be told he was doing everything wrong. Then, through a friend, he discovered shamanism. Sharing profound teachings and extraordinary experiences from his more than 30 years of shamanic healing work, Charing explains how he accidentally became a shaman and completely changed the course of his life. He describes his work with plant spirits, entheogens such as ayahuasca, and indigenous shamans during his 20 years of fieldwork in the Peruvian Amazon, including his studies with the late visionary artist Pablo Amaringo. Investigating altered states of perception, he provides visionary techniques for exploring non-ordinary reality, exercises for expanding sensory perception, and practices to open your creative artistic visionary potential. Detailing the practice of soul retrieval, the author discusses why it is one of the most effective and profound spiritual healing practices and shares emotionally charged stories of successful shamanic healings he has attended. He also includes shamanic wisdom on working with stones and sound and compares current research in physics with the vast body of experiential knowledge from indigenous spiritual traditions.



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