



Fighting Fit 1939

By Adam Culling, Editor

Amberley Publishing, Gloucestershire, UK, 2014. Soft cover. Condition: New. No Jacket. 1st Edition. Amberley Publishing, Gloucestershire, UK. 2014. Softcover/Trade Wraps. Stated First Publishing. Book is tight, square, and unmarked. Book Condition: New. No DJ. Printed pictorial wraps. Wraps are not bent or folded; spine is not creased or split. 318 pp 12 mo. The author has collected a number of training and equipment manuals, books, and photographs for maintaining fitness and battle-readiness of the British soldier. Together these publications provide an insight into how the physical training instructor kept the British soldier Fighting Fit. A new pristine copy.



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