



## Warriors on Horseback: The Inside Story of the Professional Jockey (Hardback)

By John M. Carter

Bloomsbury Publishing PLC, United Kingdom, 2015. Hardback. Condition: New. Language: English . Brand New Book. Winner of the prestigious Dr. Tony Ryan literary prize, awarded to the author of the best book on any aspect of thoroughbred horse racing. A remarkable and riveting insight into the lives of jockeys. Jockeys who earn a living race riding on racehorses are a incredible group. They are fiercely competitive on the racecourse but enjoy a tribal kinship in the weighing room. The minimum requirements for long-term success are courage, skill, athleticism and an intuitive understanding of how to `get a tune out of a horse. This book celebrates these warriors on horseback, both the old and the new, highlighting the headline performers for jump racing and flat racing in the last five centuries - male and female and from around the globe - as well as taking the reader on a behind-the-scenes look at the lifestyle of professional jockeys in the 21st century. The book takes a tour of Aintree s weighing room, tracks a day in the life of a Derby-winning jockey and investigates the twin challenges faced by jockeys: inevitable injuries and 24/7 weight management. The book also looks back at historical...



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