

## Adult Coloring Books: Stress Relief (Paperback)



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### ***Reviews***

*It is one of my personal favorite books. It is one of the most incredible ebooks I have ever gone through. You will not feel monotony at any moment of your own time (that's what catalogues are for relating to if you ask me).  
(Giuseppe Mills)*

## ADULT COLORING BOOKS: STRESS RELIEF (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Travel ed.. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Beth Ingrias s best selling Adult Coloring Book Stress Relief is now available is a new TRAVEL size. The new travel size is 5x8 inches and fits easily into any purse or backpack. This makes it fun and easy to color on the go. It also doubles as a fantastic stocking stuffer gift for the upcoming holiday season. Color while you are waiting at the doctor s office. Color while you are watching television. This smaller sized book makes it easy to color anywhere! Created by best selling illustrator and modern artist Beth Ingrias, Adult Colouring Books: Stress Relief gives you the opportunity to color in your own stress relieving patterns using your favorite coloring tools. This adult coloring book features 50 unique designs found nowhere else. Each intricate design is printed on the front of the pages only so you don t have to worry about your work of art bleeding through and ruining the patterns on the next page. Each beautiful pattern features a new and unique pattern on every page designed specifically for stress relief. Unleash your inner artist, relax, unwind and have fun coloring each intricate pattern. I love creating artistic patterns where you can easily lose yourself for hours. Patterns are a great way to get lost while coloring. Let your imagination run wild and forget about the troubles of the day as you fill each page with the colors of your choice! Beth Ingrias.



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