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Principles of Skin Care: A Guide for Nurses and Health Care Practitioners

By Rebecca Penzer, Steven Ersser

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Principles of Skin Care: A Guide for Nurses and Health Care Practitioners, Rebecca Penzer, Steven Ersser, Principles of Skin Care is a practical, evidence-based guide to the principles of skin management and skin health. Broader than a dermatology book, this text focuses on the generic components of helping patients with skin conditions and exploring the underlying evidence base. It provides practitioners with the skills and information needed to become competent in caring for the skin, preventing skin breakdown, managing patients with common skin conditions and helping patients cope with the psychological impact of skin problems. Divided into two sections, the book first takes a look at the fundamental principles of skin management, addressing the core nursing issues relevant across the board of dermatological care. The second section covers the dermatological conditions most commonly seen in practice, including psoriasis, eczema, and acne. It also explores the principles of illness management, describing disease processes and enabling health care practitioners to work effectively with patients to choose the best treatment available for their condition. Key features *

Explores the essential principles of skin care and their application to clinical management *

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