



How to Shoot Your Age in Golf: The Essential Improvement Guide for Retiree Golfers to Make More Pars, Birdies and Shoot Better Scores (Paperback)

By Gary McClure

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Great Gift for Dad and retirees with over 70 instructional photos diagrams! I did it! I shot my age in golf-and you can too! This book is for you, a retired Super Senior golfer who is 65+ years old and really wants to accomplish the amazing goal of shooting your age in golf. With the help of my co-author, Mike Hogan, PGA Teaching Professional, I, at age 74 with a handicap of 15+, accomplished it twice in my first year of retirement. Since then, I have shot my age, or better, 32 times with a best round of 69. You can do it too! Mike and I will show you how. In this book we will provide recommendations and technical advice for seniors on all aspects of golf, including mental and physical preparation, the long and short game, practice, on-course management, and equipment. You do not hit the ball with your backswing! Slow it down! Your backswing is all about proper position of the club with your wrists cocked to swing inside-out with acceleration through-not at the ball....



READ ONLINE
[3.42 MB]

Reviews

Completely one of the better pdf I have got possibly go through. I really could comprehended every little thing using this composed e ebook. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Torey Kreiger**

Absolutely essential study ebook. It is among the most remarkable book i have got read through. You will like how the article writer compose this pdf.

-- **Jessie Rau**