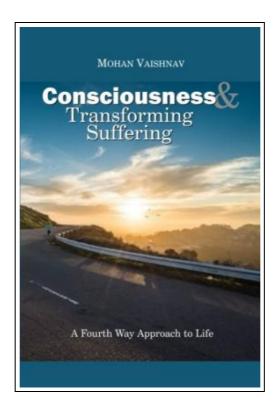
Consciousness and Transforming Suffering: A Fourth Way Approach to Life (Paperback)



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Reviews

An incredibly amazing book with perfect and lucid information. I was able to comprehended everything using this written e ebook. I realized this book from my dad and i advised this ebook to understand. (Hank Ruecker DDS)

CONSCIOUSNESS AND TRANSFORMING SUFFERING: A FOURTH WAY APPROACH TO LIFE (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The chief cause of human being s inner chaos and suffering is the lack of higher consciousness and the lack of true self-knowledge. This book deals with this problem of humanity and unfolds a step by step method for understanding and acquiring higher consciousness, and for transforming sufferings. Landscape of the Work: This book give an overall idea of the broad landscape of the work on oneself - study of Man-Machine, beginning of work on oneself, basic essentials of the work, study of the inner divisions of man, and development of Steward. Consciousness: It discusses in detail consciousness, Self-Remembering and various practical methods of approaching consciousness - the 1st conscious shock . Transforming Suffering: It discusses conscience, distinguishing real and unnecessary suffering, sacrificing unnecessary suffering and transformating real suffering - the 2nd conscious shock . Patanjali-Astang-Yoga: It synthesizes the 4th Way and Patanjali-Astang-Yoga, and also looks at Patanjali-Astang-Yoga from the 4th Way point of view and resultant unfolding of a more comprehensive and clear picture of the Work. Human Organism: It discusses the human organism as an alchemical factory producing and using various grades of energies. It also discusses various impressions (i.e. matter entering the human organism through the five senses), effect of Self-Remembering and Transformation on digestion of food, air and impressions. Science of Karma: It discusses Karma-Vikarma-Akarma, Karma-Yoga, and the relation among Karma, destiny and spiritual evolution. It also deals with attracting the better aspects of one s luck, and a higher method of learning.

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