



## The Power of Saying No: Learn the Power Saying No More Often and Achieve Greater Success in the Process (Paperback)

By Hire Library Manager Music Department Simon Wright

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Power of Saying No: Learn The Power Saying No More Often And Achieve Greater Success In The Process This book contains proven steps and strategies for how to say the more difficult response to requests: No. This book encourages you, as a person who values freedom and happiness, to learn what No stands for. These two letters form an expression representing your dedication and devotion to charting your own destiny. No is also the road to having the real kind of success. You can only achieve greater heights if you know how to say no, and this book will encourage you to say No without feeling guilty. By reading The Power of Saying No, you will learn: Why it is often so hard to say No to people How saying No can give you personal strength and stability - great personal empowerment How saying No is often the most positive thing you could do Ways the brain has a bias against negative answers Seven effective techniques for saying No Ten reasons why it is so challenging to say No...



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