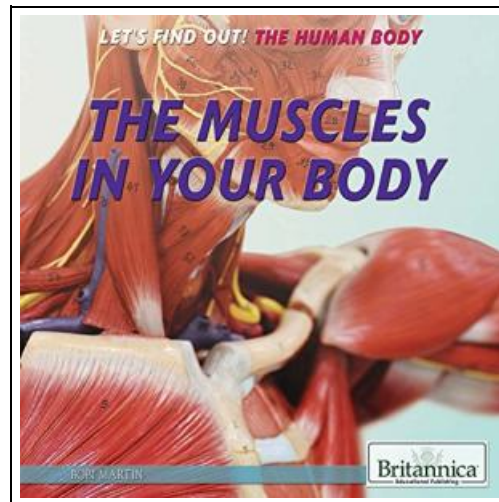


The Muscles in Your Body (Hardback)



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Reviews

Basically no phrases to clarify. It really is written in straightforward phrases rather than hard to understand. You will not sense monotony at any moment of your own time (that's what catalogues are for concerning if you ask me).

(Doris Beier)

THE MUSCLES IN YOUR BODY (HARDBACK)



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Rosen Education Service, United States, 2015. Hardback. Book Condition: New. 203 x 203 mm. Language: English . Brand New Book. There are over 600 muscles in the human body that we can strengthen, stretch, flex, or simply leave alone. Whether we use them consciously or not, muscles work to protect our bones and keep our blood flowing. In this volume, readers will learn about the different kinds of muscle and why muscles are so essential to everything we do from eating to smiling to mastering a sport. Labeled diagrams complement text and highlight important muscles in the body, while boxed questions encourage readers to think critically about the information they learn.



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