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HOW ABOUT A LIFESTYLE CHANGE: YOUR 90 DAY WHOLE-LISTIC TRANSFORMATION GUIDE (PAPERBACK)



Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Written by the compiling Author of Congratulations! You Just Lost Your J.O.B!, How About a Lifestyle Change promises to address the addictive issues many whisper about while those in need seek much needed support. This book shares new insights, case studies and lessons learned from those that struggled from some form of addiction. The addictions depicted in this book are: financial carelessness,...

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- Authored by Dr Lasean Rinique Shelton
- Released at 2015



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This is the finest ebook i have got read through till now. It really is full of wisdom and knowledge You wont sense monotony at anytime of the time (that's what catalogs are for relating to in the event you ask me).

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