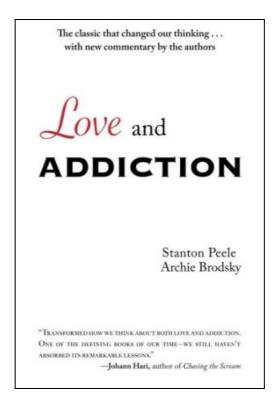
Love and Addiction (Paperback)



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Reviews

A whole new electronic book with an all new perspective. It is one of the most incredible book we have read. Your way of life span will likely be convert when you comprehensive reading this article book.

(Spencer Fay)

LOVE AND ADDICTION (PAPERBACK)



Broadrow Publications, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In Love and Addiction, published 40 years ago and sold as a mass-market paperback on love, Stanton Peele and Archie Brodsky laid out every major issue confronting the addiction field today. This pioneering classic, which was excerpted in Cosmopolitan and spawned the codependence movement, is the first-and still the definitive-book on addictive love. But it is much more than that; it is the book that explains why addiction is not what we think it is. Love and Addiction focuses on dependent love relationships to explore what both love and addiction really are-psychologically, socially, and culturally. Addiction is an overgrown, dependent, destructive relationship. Love is the opposite, a sharing, growth-inspiring one. The authors analysis makes clear that an addiction is an experience that takes on meaning and power in light of a person s needs, desires, beliefs, expectations, and fears. By showing how addiction grows out of ordinary human experience, Peele and Brodsky offer a liberating understanding of all addictions-to alcohol, drugs, tobacco, food, gambling, shopping, electronic media, sex, or love. In 1975, Love and Addiction boldly proposed ideas whose truth is only now being recognized: Addiction is not limited to drugs, and drugs are not necessarily addictive. AA s 12 steps are not the last word in addiction treatment. On the contrary, practically oriented addiction treatments are more effective. The goal of addiction treatment and recovery is not abstinence to the exclusion of all else, but to build a life that rules out addiction. Love is the opposite of the self-protective constriction of addiction; it is the expansion of your spirit with another human being. Remarkably, all of these issues-the widespread application of the addiction diagnosis, the limited value of AA and its disease...

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