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## Distancing Avoidant Personality Disorder Petiset and Disorder

DISTANCING: AVOIDANT PERSONALITY DISORDER, REVISED AND EXPANDED (REVISED)

Praeger Publishers. Hardcover. Condition: New. 296 pages. Dimensions: 9.1in. x 6.1in. x 1.1in.Kantor focuses on a misunderstood but common condition that brings severe and pervasive anxiety about social contacts and relationships. He offers psychotherapists a specific method for helping avoidants overcome their fear of closeness and commitments, and offers a guide for avoidants themselves to use for developing lasting, intimate, anxiety-free relationships. Fear of intimacy and commitment keeps avoidants from forming close, meaningful relationships. Types of avoidants can include confirmed...

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- Authored by Martin Kantor Md
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