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## Pancha Karma Therapy in Ayurveda

By Dr A. Vinaya Kumar

Sri Satguru Publications, Delhi, India. Softcover. Book Condition: New. First Edition. An Introduction to Panehakarma Therapy, followed by Tridosha Principle, Causation of Disease, Abnormalities of Tridosha, and a chapter on Principles of Diagnosis and Treatment, In the Methodology section, Salient features of Panehakarma Therapy along with detailed coverage of each type of treatment, viz., Snehana, Swedana, Vamana, Virechana, Vasti, Nasya, and Raktamokshana have been dealt with. Clinical Reports had been enclosed under each type to understand the theory in practice, In the third part, Abstracts of the Clinical Research Reports of some important chronic diseases where Panehakarma treatment is very much advocated has been included. Appendix contains some of the apparatus used in the treatment along with some clinical photographs and an index of glossary of medicinal plants and substances and an index of diseases. A table of weights and measures used often in the therapy were included for proper understanding of the subject and its application.



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