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Human Kinetics Publishers, United States, 2010. Spiral bound. Book Condition: New. $226 \times 152 \text{ mm}$. Language: English . Brand New Book. This Fitness for Life: Elementary School classroom guide contains everything you need to deliver standards-based wellness lesson plans to kindergarten students. The guide and its DVD-ROM include the following: - Daily lesson plans for class discussions and activity breaks, which take only a few minutes, fit easily into your schedule, and integrate with other subject matter areas (such as...

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- Authored by Dr Dolly Lambdin, Charles Corbin, Guy Le Masurier
- Released at 2010



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