



# Delicious Simple Recipes Featuring Hearty Entrees (Paperback)

By Donna K Stevens

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. About the Book This book contains recipes that will leave you just wanting more. Many cookbooks promise that same thing, and they are correct! Because each cookbook differs according to a person s taste. However, this book will help you bring in a new kind of healthy, hearty food. This doesn t have to be part of a routine diet. These recipes can be made at anytime. Hearty food gives abundant nourishment and satisfaction! In order to maintain a healthy body, a healthy, balance food intake is a must! It is important to consume enough proteins, carbs, and fat in proportions. That is why entrees would be a good source to fulfill this need. This book combines a collection of hearty entree recipes which include chicken, beef, pork and seafood as main ingredients. It also contains vegetarian entrees for people wanting to consume meatless hearty food.



## Reviews

A top quality publication and also the font employed was interesting to learn. It is really simplistic but excitement within the fifty percent from the book. Its been designed in an remarkably basic way in fact it is only following i finished reading this pdf where in fact changed me, modify the way i believe.

-- Rachel Stiedemann

Good e-book and beneficial one. it absolutely was writtern quite flawlessly and beneficial. I am delighted to explain how this is basically the very best ebook i have read through within my very own daily life and may be he greatest ebook for at any time.

-- Prof. Leonardo Parker

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