



## Gifts from the Mountain: Simple Truths for Life's Complexities

By Eileen McDargh, Roderick MacIver

Berrett-Koehler. Hardback. Book Condition: new. BRAND NEW, Gifts from the Mountain: Simple Truths for Life's Complexities, Eileen McDargh, Roderick MacIver, Whether you are a world-weary worker juggling the demands of a hectic life or a seeker of soul-satisfying experiences, this deceptively simple book is your key to refresh, renew, rethink and recharge. From an unexpectedly arduous backpacking trip, Eileen McDargh discovers truths from the experience. Deep in grime, grit, and grace-filled mornings, she finds insights for business, for relationships, for family, for life, and for the soul. Whether musing on wild onions or mosquitoes, river crossings or thunderbolts, Eileen shares lessons for understanding the mundane and the magnificent, the difficult and the delightful, the ordinary and the extraordinary. "Mountains" become a lyrical metaphor for coping with life's complexities. You'll be reminded of what you may already know but have likely forgotten in the tension of time constraints, work worries, and family frustrations. McDargh will jar your memory, evoke new awareness, and spur you to action.



**READ ONLINE**  
[ 2.42 MB ]

### Reviews

*This is basically the very best book i have read right up until now. It is definitely simplistic but excitement in the 50 % from the ebook. Your daily life period will likely be transform as soon as you total reading this article pdf.*

-- **Prof. Ambrose Pollich DDS**

*Complete information for pdf fans. it had been writtern quite perfectly and helpful. You can expect to like how the article writer compose this ebook.*

-- **Jack Hirthe**