



Gestalt Counselling in a Nutshell (Hardback)

By Gaie Houston

Sage Publications Ltd, United Kingdom, 2012. Hardback. Book Condition: New. 178 x 117 mm. Language: English . Brand New Book. New to the bestselling Counselling in a Nutshell Series, this pocket-sized book is the beginners guide to the essentials of Gestalt Therapy, from its principles to practice. Assuming no previous knowledge of the subject, the book introduces: - the origins of the approach - the key theory and concepts - the skills and techniques important to practice. Written in an accessible, jargon-free style, this book includes vivid case examples, end of chapter exercises and a glossary of terms to help aid understanding. Gaie Houston is a writer, UKCP-registered psychotherapist and senior lecturer at The Gestalt Centre, London.



READ ONLINE
[9.23 MB]

DOWNLOAD



Reviews

The ideal publication i possibly go through. It is amongst the most awesome publication we have study. I am just easily will get a satisfaction of studying a published publication.

-- **Shanie Cartwright**

A superior quality book along with the font employed was exciting to see. It is one of the most amazing book i have got read through. You wont really feel monotony at anytime of the time (that's what catalogs are for about in the event you ask me).

-- **Santina Sanford**