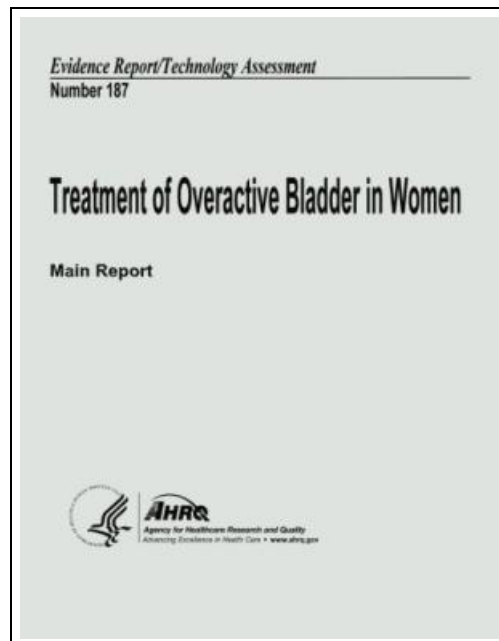


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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 130 pages. Dimensions: 11.0in. x 8.5in. x 0.3in. Treatment of Overactive Bladder in Women: Main Report (see also Treatment of Overactive Bladder in Women: Appendices) - At minimum, 11 to 16 million women in the U. S. cope on a daily basis with symptoms that include sudden strong urges to urinate, difficulty delaying voids, frequent trips to the bathroom, and in many cases involuntary loss of urine when urgency strikes. They may wear pads for accidents, plan ahead for access to bathrooms, and modify their social and work lives to accommodate their symptoms. Some are very distressed by the symptoms whether mild or severe, and others find mechanisms to adapt, reporting little trouble with symptoms or interference with normal routines. Others report their symptoms negatively influence quality of life factors as varied as self-esteem, self-assessment of attractiveness, and sexual function. Many women believe that some amount of urinary incontinence is inevitable with aging. The majority of women with these symptoms do not talk with their health care providers concerning their bladder dysfunction, and providers may not systematically inquire. As a result, a small minority receive treatment. Overactive bladder syndrome, referred to as OAB in this report, is formally defined as: urgency, which is the complaint of sudden need to void; with or without urge incontinence, involuntary loss of urine with urgency symptoms; usually with frequency, which is the individuals perception that she voids too often during the day, and is often defined as more than eight voids during waking hours; usually with nocturia, which is awakening from sleep to empty the bladder. Popular wisdom encourages self-management of symptoms of OAB through reduction of fluid intake, cutting back on caffeine, modifying voiding habits, and taking note of what individual factors...



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