



No Grain No Pain

By Oskar Levsky

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 74 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. On contrary of all doctors expectations that Max will live in pain for the rest of his life, Max completely recovered in less than six months. Max's blood sedimentation rate was reduced 20 times. From 61 mmhr on 02112013 to back to normal 3 mmhr on 07012013. Max's fecal calprotectin protein (colon inflammation marker) was reduced 28 times. From 504 mcgg on 12202012 to back to normal 18 mchg on 07012013. The test was done at the Mayo Medical Laboratories testing site in North Carolina. Let food be thy medicine and medicine be thy food- Hippocrates of Cos (460 - 370 BC). Max's blood C-reactive protein (inflammation marker) was reduced 12 times. From 6.2 mgdl on 02112013 to back to normal 0.5 mgdl on 07012013 in less than six months after changing his diet to farm fresh real food - no grains, no sugar, no starches. We were told so many times that there is no medical cure for these chronic inflammatory conditions such as Chrons Disease, and they were absolutely right because the cure is at the...

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