



## The Breast Cancer Book: What You Need to Know to Make Informed Decisions

By Ruth H. Grobstein

Yale University Press. Paperback. Book Condition: new. BRAND NEW, The Breast Cancer Book: What You Need to Know to Make Informed Decisions, Ruth H. Grobstein, A diagnosis of breast cancer is among the most frightening moments in a person's life--so frightening that even to formulate questions for the doctor may seem impossible. This helpful book is written as a guide for women and men facing breast cancer and for their caring families and friends. It is also written for women who have not been diagnosed with breast cancer but are concerned that they may be. Drawing on her many years of experience with breast cancer patients, Dr. Ruth H. Grobstein provides exactly the information they want and need in order to make the best health decisions. Her jargon-free book deals with general issues of interest to all women--mammography, hormone replacement therapy, risk factors for breast cancer, and more--as well as the numerous issues that patients diagnosed with breast cancer confront. Her book will be an indispensable companion, providing reliable information for patients on the journey through a sometimes confusing and impersonal medical system.



## Reviews

The book is simple in read through better to fully grasp. It is rally exciting throgh looking at period of time. I discovered this publication from my i and dad encouraged this book to find out.

-- Dr. Dillon Monahan

Very useful to any or all group of folks. It really is rally interesting through reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mrs. Dorris Wintheiser