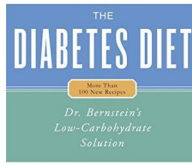


## The Diabetes Diet: Dr. Bernsteins Low-Carbohydrate Solution

Richard K. Bernstein, M.D.  
*author of Dr. Bernstein's Diabetes Solution*



"Dr. Bernstein is a true pioneer in discovering practical approaches to reversing a devastating disease."  
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### Book Review

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