



10 Steps to Positive Living

By Windy Dryden

Orient Paperbacks, New Delhi, India. Softcover. Book Condition: New. These 10 steps will encourage you to take control, be flexible, accept reality, come to like and be fair to yourself, accept change and improve your relationship with others. You can follow the steps in order, or use them individually to attain your goals. Either way, these few basic guidelines for happy living will equip you to tackle anything life can throw at you. Printed Pages: 144.



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