



By Shuvendu Sen

Times Group Books, New Delhi, India, 2014. Softcover. Book Condition: New. First Edition. Awareness often forms the fulcrum of healing. This book contains glimpses of such awareness and education indispensable to our overall health as also our lives. The articles in this compilation have, in different formats, appeared in print and online versions of various newspapers and magazines, including The Times of India, NJ Voices, The Star Ledger, Futures Mysterious Anthology Magazine, Home News Tribune, among others. Most articles address social, emotional and mental aspect of humans in the face of insurmountable challenges. There are articles on issues affecting the society like rape, drug abuse, child deaths and parental fights challenging our well - being. The book touches all such aspects, subtle and course. A gentle guide for everyone in pursuit of good health in essence, a doctor's diary reflecting health, healing and hope. Printed Pages: 200.





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