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A Simplified Life: Tactical Tools for Intentional Living

By Emily Ley

Thomas Nelson on Brilliance Audio. No binding. Condition: New. Dimensions: 6.8in. x 5.2in. x 0.5in. Do you long for a way to simplify the demands on your time, energy, and resources? Do the needs of others and the tasks before you leave you without time to breathe, much less pursue your passions? Bring sanity to your chaos with *A Simplified Life* by Emily Ley, bestselling author and creator of the wildly popular *Simplified Planner*. It is all too easy to get caught up in the pursuit of that Pinterest-perfect life but at what cost? As a wife, mother, and busy entrepreneur, Emily Ley knows this narrative all too well, and the need to break out of the spin cycle led her to closely examine her daily life to find places where she could simplify. With insights into all areas of life, *A Simplified Life* is the result of that personal reflection. Find tips, tricks, and best practices for simplifying your home, your style, your finances, your menu plans, and more in *A Simplified Life*, the beautiful new four-color book from Emily Ley. You will learn to truly make the most of your days with Emily's signature simplicity, organization, and realistic suggestions. A...


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