



The Art of Strategic Non-Action: Learning to Go with the Flow (Paperback)

By David Tuffley

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Strategic non-action is a powerful yet under-rated method of influencing worldly affairs. In cultures where action is favoured over inaction, like in the West, direct action is considered a virtue while inaction is little more than laziness or cowardice. Let us be more subtle and nuanced in our understanding. There is a time for both action and inaction. Non-action gives access to a deeper intuitive awareness than that gained through action, since knowledge that comes through action is obscured by situation-specific reactions. Non-action is an aspect of going with the flow, not resisting the larger forces that govern a world of which you are a small part. It acknowledges that events are governed by the laws of Nature, and it is often best to simply allow those laws to operate and play out in their own time, in their own way. Non-action can help us towards our goals by encouraging patience and taking the long-view. Humanistic Psychology says that it is within our reach to create the life we want for ourselves. As we think and believe, so we create our world....

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