



My Life Is a Mess: Organizing 101

By Lisa Giesler

Lucid Books. Paperback. Condition: New. 92 pages. According to Internet studies, the average person can lose up to 2 hours a day as a result of disorganization. People spend a lot of time looking for receipts, shoes, or keys. If you are losing time at home because of disorganization, then these habits can carry over to your job and other areas of your life. I had a client who claimed that she knew where everything was. When I helped her to de-clutter and get her home organized, she found a check from a now-closed account that was worth thousands. The check had been buried in a pile of unopened mail and other paperwork and had been collecting for years. What should have taken 10 or 15 minutes to run by the bank to make a quick deposit now took hours to correct. The pile also contained invitations to networking meetings and business leads that had been missed and were now worthless. The pile was a vivid testament to lost sales opportunities. People often find clutter overwhelming. If a person tends to save things that they might need, then clutter will start to accumulate. Those piles continue to grow until that...

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