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Laughter in a Time of Turmoil (Paperback)

By Richard P Olson

Wipf Stock Publishers, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Description: Here s a different angle on humor--it can be a spiritual practice, an expression of a theology of joy, hope, and grace. Humor is so valuable, for it offers self-care, healing, and renewal, precious gifts in times of pressure and tension. Olson begins by telling of three unforgettable friends who lived their lives with joy and zest--a practice that opened doors and aided their own sense of well-being. Playfully, he continues by exploring the known benefits of humor. Next considered is the amazing variety of humor in the Bible, a basic theology of a laughing God, and the caring ethic of humor that emerges from this theology. Finally, there is a discussion of how this practice of humor enriches worship, caregiving, and administration. Laughter in a Time of Turmoil draws to a close considering spiritual disciplines/practices and why humor belongs among these practices. Suggestions are then offered on how to grow in this spiritual practice. Discussion questions are provided for each chapter to help groups enjoy their conversations about the book. This book will help you think and laugh, or...



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