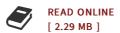




# Anatomy of the Soul: Surprising Connections Between Neuroscience and Spiritual Practices That Can Transform Your Life and Relationships

By Curt Thompson

Tyndale Momentum. Paperback. Condition: New. 304 pages. Dimensions: 8.7in. x 5.9in. x 0.8in.Do you want to improve your relationships and experience lasting personal change Join Curt Thompson, M. D. , on an amazing journey to discover the surprising pathways for transformation hidden inside your own mind. Integrating new findings in neuroscience and attachment with Christian spirituality, Dr. Thompson reveals how it is possible to rewire your mind, altering your brain patterns and literally making you more like the person God intended you to be. Explaining discoveries about the brain in laymans terms, he shows how you can be mentally transformed through spiritual practices, interaction with Scripture, and connections with other people. He also provides practical exercises to help you experience healing in areas where youve been struggling. Insightful and challenging, Anatomy of the Soul illustrates how learning about one of Gods most miraculous creationsyour braincan enrich your life, your relationships, and your impact on the world around you. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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