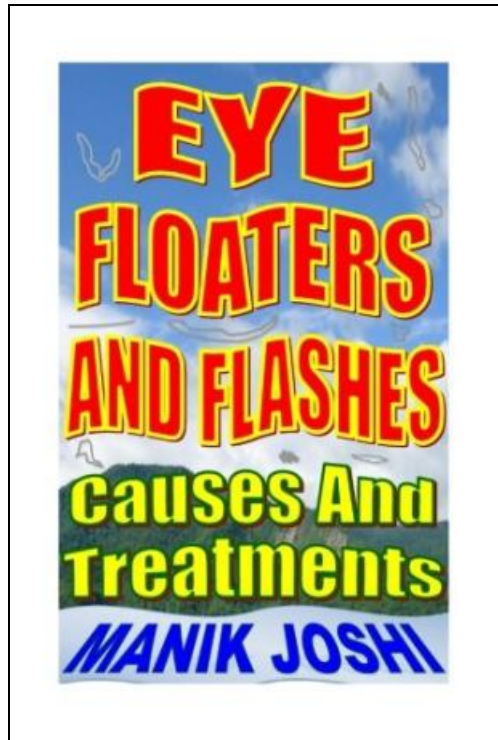


## Eye Floaters and Flashes: Causes and Treatments



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book covers the following topics: - 01. What are Eye Floaters? 02. Vitreous Humor 03. Eye Floaters: Causes 04. Three Special Conditions 05. Measurement of Visual Acuity 06. Eye Floaters: Treatments 07. Treatment -- (A). Diet 08. Treatment -- (B). Eye Exercises 09. Treatment -- C. Vitamins 10. Treatment -- (D). Minerals 11. Treatment -- (E). Supplements 12. Treatment -- (F). Control Your BP 13. Treatment -- (G). Control Your Sugar 14. Treatment -- (H). Proper Hydration 15. Treatment -- (I). What to Avoid? 16. Treatment -- (J). Other Remedies 17. Treatment -- (K). Surgery 18. Eye Floaters: A True Case 19. Light Flashes: A True Case 20. Useful Facts Sample This - What are Eye Floaters? - Eye Floaters are oddly shaped translucent tiny bundles or clumps of gel, floating within the eye's vitreous humor, that appear in your field of vision. Eye floaters are also known as vitreous floaters or eye spots. Eye floaters are called muscae volitantes ( flying flies) in Latin. Some basic facts about Eye Floaters: - Floaters are not optical illusions. Floaters are something your eyes actually perceive. Floaters are common occurrence. Floaters can appear periodically or they can have a constant presence. People often notice floaters when looking up at a clear blue sky or blank or light-colored (white, light pink, etc.) wall or paper. Floaters are very noticeable in bright blue sky because pupils contract to a very small size and reduce the aperture which, in turn, makes floaters more apparent and focused. Floaters can appear in one eye or both with one eye having more floaters than the other. Different floaters may have different...



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