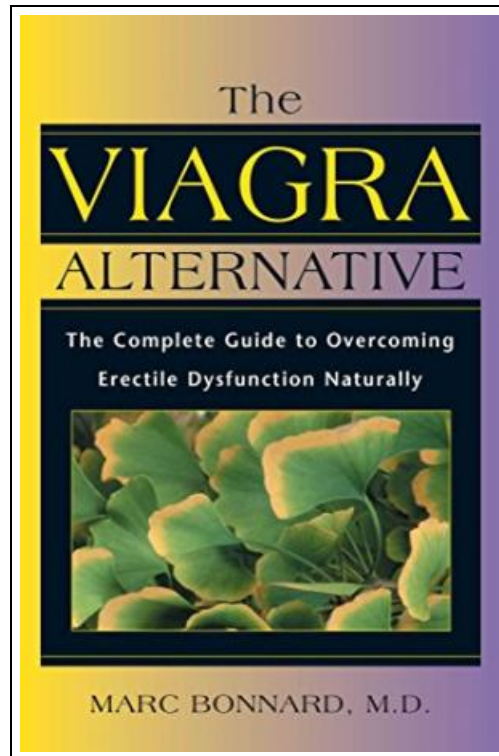


Viagra Alternative: The Complete Guide to Overcoming Impotence Naturally (Paperback)



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VIAGRA ALTERNATIVE: THE COMPLETE GUIDE TO OVERCOMING IMPOTENCE NATURALLY (PAPERBACK)



Inner Traditions Bear and Company, United States, 2000. Paperback. Condition: New. Language: English . Brand New Book. The most comprehensive guide to natural, safe, and permanent cures for impotence. * One of Europe s leading sex therapists introduces psychological and sexual techniques that can help the more than 30 million men who suffer from impotence. * Emphasizes holistic cures that treat body, mind, and spirit, including herbal remedies, homeopathy, yoga, aromatherapy, and diet changes. When Viagra burst on the scene in 1998 it became the best-selling drug of all time, surpassing even Prozac. More than 30 million men suffer from impotence, and the introduction of a pill that could solve their problems revolutionized the treatment of erectile dysfunction. Or did it? Viagra has now been implicated in more than 69 deaths, as well as heart attacks, hypertension, color blindness, and other health problems, and more and more evidence shows that impotence can rarely be cured by a magic pill . In fact, taking Viagra may end up accentuating the greater underlying problem of which the impotence is a symptom, whether it be lack of physical well-being, poor psychological health, or relationship difficulties. For those men who wish to avoid the risks of Viagra, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures for impotence. Recognizing that a healthy sex life is impossible without physical, mental, and emotional well-being, Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, aromatherapy, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that more often than not an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By...



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