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# THERAPY GAMES: CREATIVE WAYS TO TURN POPULAR GAMES INTO ACTIVITIES THAT BUILD SELF-ESTEEM, TEAMWORK, COMMUNICATION SKILLS, ANGER MANAGEMENT, SELF-DISCOVERY, AND COPING SKILLS



Rec Room Publishing. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.9in. x 5.9in. x 0.7in.In this book you will find 102 new and exciting ways to turn ordinary games into Therapy Games. Each game used in the book comes with five or more ways to make simple changes that create a new and unique therapeutic experience. In addition to the 102 game options, there s also a section on how playing the game itself without any changes can have...

### Read PDF Therapy Games: Creative Ways to Turn Popular Games Into Activities That Build Self-Esteem, Teamwork, Communication Skills, Anger Management, Self-**Discovery, and Coping Skills**

- Authored by Alanna Jones
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