



How to Make Infusions and Decoctions (Paperback)

By Starr Morgayne

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Starr Morgayne, the author of Bewitching Beauty: bringing out your inner Goddess, naturally, returns with her newest release as she instructs the reader on her secrets of making herbal infusions and other remedies from her kitchen to yours. In this book she describes how to make bath teas, steam facials, instructs you in how to make herbal syrups and much more. The certified herbalist has taken photos from her own herb garden to show the plants and clearly illustrates how she creates simple to do yet effective treatments such as clove toothache oils, mullein and garlic ear oil and a wide variety of teas.



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