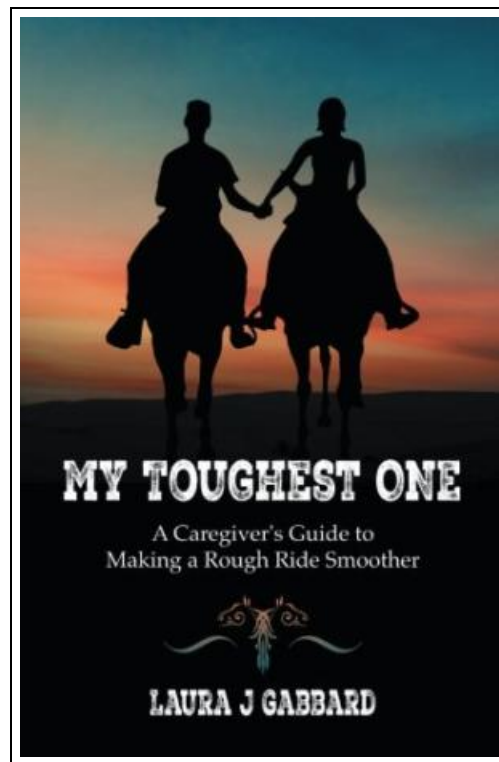


My Toughest One: A Caregiver's Guide to Making a Rough Ride Smoother (Paperback)



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Reviews

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(Joe Kessler)

MY TOUGHEST ONE: A CAREGIVER S GUIDE TO MAKING A ROUGH RIDE SMOOTHER (PAPERBACK)



Balboa Press, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The toughest ride on the home front just got a little smoother. Laura Gabbard faced her scariest rodeo yet when her husband of thirty years was diagnosed with a fast-growing, terminal brain tumor. Life suddenly spun into the chaos of doctors visits, an endless deluge of information, and many unimaginably tough decisions. Fortunately for her husband, Lauras decades of experience rehabilitating horses with a holistic approach had prepared her to make each step a little smoother and, with the help of a team of allies, keep him alive for nearly five years beyond the doctors predictions. In My Toughest One, Laura shares their story, highlighting the philosophy, skills, and tools of the rehabilitative approach she used in order to help other caregivers: Explore a more holistic approach to rehabilitation and reclaim power to fully support a loved one. Make the ride a little smoother and regain balance emotionally and physically. Rediscover the power of love and the presence of grace. If youre looking for a more powerful way to support your loved one and yourself, this is the book for you. Life has prepared you to face your toughest one, and youre about to find out how.



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