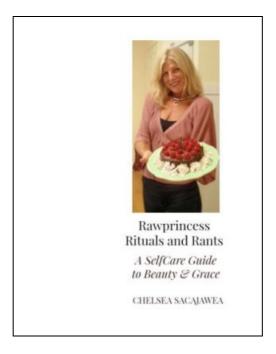
# Rawprincess Rituals and Rants: A Self-Care Guide to Beauty and Grace (Paperback)



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### Reviews

This publication might be well worth a read, and much better than other. It really is simplified but excitement inside the 50 % of the book. You will not feel monotony at whenever you want of the time (that's what catalogues are for concerning when you check with me). (Imogene Bergstrom)

## RAWPRINCESS RITUALS AND RANTS: A SELF-CARE GUIDE TO BEAUTY AND GRACE (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2011. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Rawprincess Rituals and Rants is a compendium of personal beauty and fitness routines unedited from Ms Sacajawea's life up to her 5yr relationship w/ Mr M ending in 2011. It outlines her story drawing from years in raw vegan artist s community farms holistic resorts with daily methods of recovery from addiction and eating disorder to freedom. A visionary and poet since her teens, you will find Chelsea's almost encyclopedic range of the best of the best tips for natural glowing vitality in a raw vegan lifestyle. Everything from releasing cellulite, dry brushing, to DIY acupressure facelift and colon cleansing is included here. Tips for mixed dietary families with kids—when the chef has emotional eating issues—as well as the amazing gallbladder and liver flush are explained in detail. Full color photographs depict her before-and-after bikini pics and rare Ma Roller demonstrations. Bonus! Her popular essay The Storage Unit!.



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