



SAT-ACT Test Taking In the Zone Strategies that Spell Success

By Lu Pierro

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 84 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. Is This Book Right For You? If you want to put all your worries behind you, go into your exams. In The Zone like professional athletes do, then this is your book! Do you want to Kill the Sat Act tests? This is your Bible! You have studied for your SAT or your ACT Test. You have taken a review course, bought the study guides and the vocabulary cards, and yet your score has only crept up a few points. Why are you not making the progress you thought you should be making? Top performers in all fields know that there is more to success than just practice, practice, practice. They have learned the secret sauce that puts them in the zone for success. What is the secret sauce? The secret sauce consists of time-honored techniques that have come to us from Eastern philosophies. The techniques that you will learn in this book are the same techniques that people like Oprah Winfrey, Michael Jordan, and Jack Nicklaus, to name a few, spent thousands of dollars to learn. Those same techniques are outlined for you in this little book. Research has stated that anxiety inversely affects performance. The more anxious...



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